

Summer Holiday Training schedule

MG TRAINING SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	16th Jan	17th Jan	18th Jan	19th Jan	20th Jan	21st Jan	Morning Training
MG Teal	7:00-9:00		7:00-9:00				
	Aaron		Aaron				
MG Silver			HOLIDAYS				
JD Teal					7:00-9:00		
					Matt		
JD Silver							
							Afternoon Training
MG Teal	3:30-6:30		3:30-6:30	3:30-6:30			
	Aaron		Aaron	Aaron			
MG Silver			HOLIDAYS				
JD Teal	3:30-5:30		3:30-5:30				
	Matt		Matt				
JD Silver		3:30-5:30		3:30-5:30			
		Aaron		Aaron			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July	23rd Jan	24th Jan	25th Jan	26th Jan	27th Jan	28th Jan	Morning Training
MG Teal	7:00-9:30		7:00-9:30		7:00-9:30		
	Jason		Jason		Jason		
MG Silver	7:00-9:00				7:00-9:00		
MG Silver	7:00-9:00				7:00-9:00		
	Aaron				Jason		
JD Teal	7:00-9:00						
	Aaron						
JD Silver							
							Afternoon Training
MG Teal	3:30-6:30	3:30-6:30	3:30-6:30		3:30-6:30		
	Jason	Jason	Jason		Jason		
MG Silver	3:30-6:30			3:30-6:30			
MG Silver	3:30-6:30			3:30-6:30			
	Aaron			Jason			
JD Teal		3:30-5:30		3:30-6:30			
		Matt		Matt			
JD Silver		3:30-5:30		3:30-5:30			
		Aaron		Aaron			